

CONTENT NOTE:

AND THEN WE SCREAMED is a work of fiction but it deals with many real issues, including references to rape and sexual assault, which some readers may find distressing.

If you have been affected by the issues raised in this book, the following organizations can help:



Samaritans are available round the clock, every single day of the year. You can talk to them any time you like, and in your own way, about whatever's getting to you.

Call, free, any time, on 116 123

Or email jo@samaritans.org

Visit – find your nearest branch on samaritans.org



The Mix is here to help under 25s get to grips with any challenge they face. Anywhere and anytime, online, over the phone or via social media.

Text 85258 for support
themix.org.uk