

USBORNE

ACTIVITY PACK

Kimberley Kinloch

ILLUSTRATED BY
Jessica Gibson

Me and my
Hair



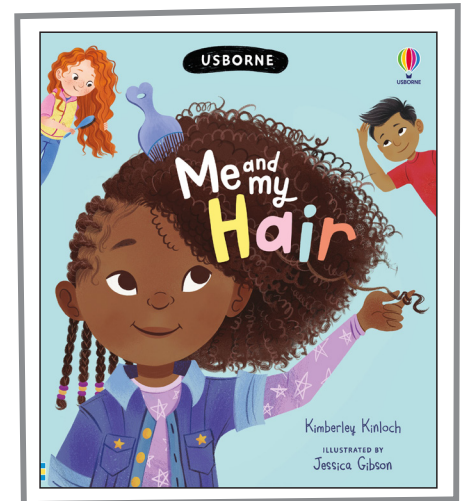
Me and my Hair

This resource pack is designed to be used alongside 'Me and My Hair' – a book all about straight hair, coily hair, red hair, cornrows and French braids in proud celebration of all things HAIR! The activities are best suited to children aged 6+, but can be used across Kindergarden to Grade 5.

ABOUT THE BOOK

A heart-warming journey of learning to love the hair you have, and the person you are.

Follow Kyra as she shares her thoughts and feelings about her amazing Afro hair, and the facts she learns about all kinds of hair types and styles. After a trip to the hairdresser's, Kyra's school friends have lots of questions for her, and she has lots for them too.



About the author

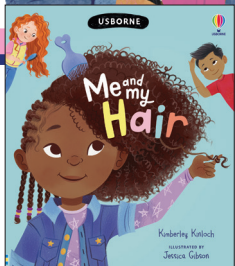
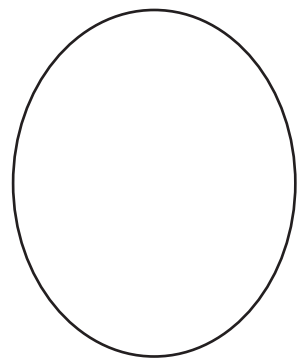
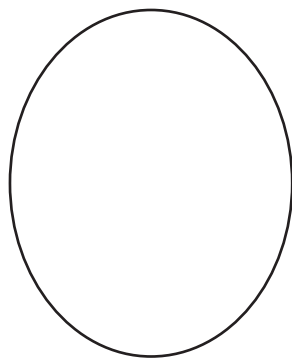
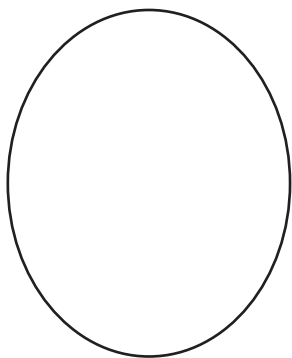
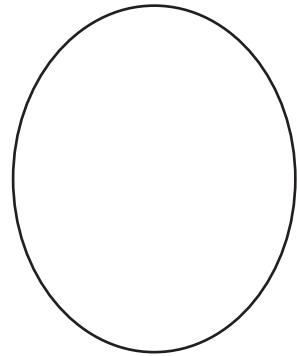
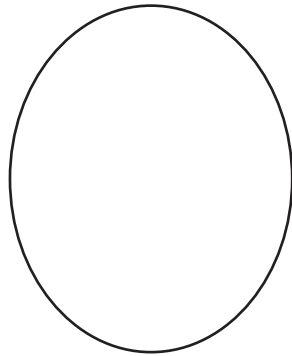
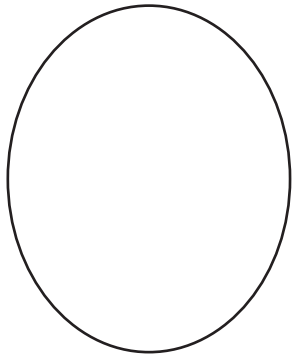
Kim always loved reading and writing from a very young age. Her siblings mocked her for it growing up, but Kim persisted. She studied Creative Writing at Roehampton University and later became a Children's Bookseller at Waterstones. She joined the Usborne sales team after university, but recently returned to her writing roots, joining the buzzing editorial team. Now she can be found writing stories for Usborne or reading stories to her two young daughters – feeling so happy she didn't give up on her dream.



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CELEBRATE HAIRSTYLES

Hair means different things to different people and there are so many ways we can wear it. Being different from each other is called DIVERSITY and it is an amazing thing! Can you give these faces some FAB new hairstyles/accessories?



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Usborne Activities

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CHAMPION HAIR CHOICES

UNFAIR FACT

At some schools, students weren't allowed to wear natural Afro hairstyles.

Big Afros were **banned**...



...and so were cornrows!

None of the teachers making the rules had Afro hair, so they didn't understand what was **best** for it.

Your hair should look **neat** like mine.

But our hair doesn't grow like that!



Some students were really brave and **spoke out** about why the rules were unfair.

Luckily the rules have changed now, and more people can **choose** how they wear their hair. **Phew**.

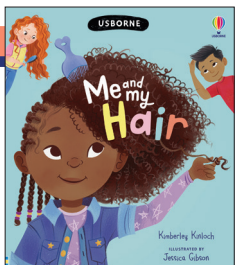
ADOPT THE HALO CODE

The Halo Collective are an organisation of young people fighting against hair discrimination. Find out more halocollective.co.uk



DO YOU THINK SCHOOLS SHOULD HAVE RULES ABOUT HAIR?

Use the space below to write about how you think people should be able to wear their hair at school.



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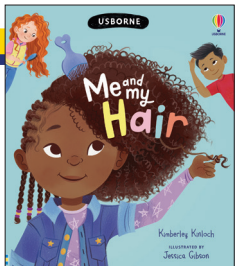
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Whether you wear it proudly like a **CROWN**...
choose to **cover it up** ...or just let it **do its own thing**...
...your hair is a part of **you** and that's really **special**.



HOW DO YOU FEEL ABOUT YOUR HAIR?



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How is Kyra having her hair styled?

- Dreadlocks
- Afro puffs
- Cornrows

Kyra describes her new hairstyle as amazing. Can you think of any other describing words (adjectives) that mean the same thing?

Why is Kyra happy to be getting cornrows?
Answer with a full sentence.

My new cornrows will be a great way to look after my hair while I play football. I glance up to see how my hairdresser Dee is getting on, but she's already finished!
It's amazing. Thanks, Dee!



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Me and My Hair



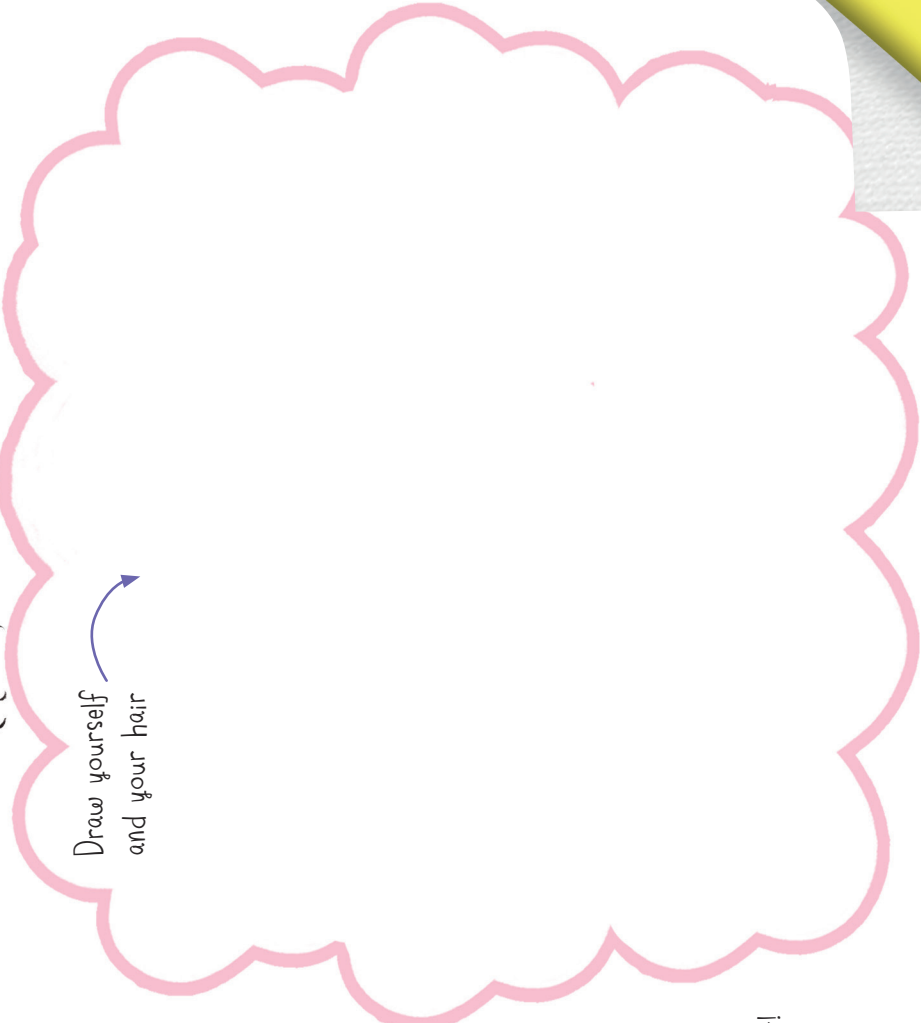
Which hair type do you think you have?

STRAIGHT	WAVY	CURLY	COILY AND KINKY
1	2A	3A	4C
	2B	3B	4B
	2C	3C	4A

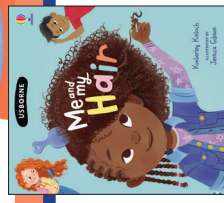
Hair grows out of little pockets in your skin, called **follicles**.



Draw yourself and your hair



FOLLICLE FACT
It's the **shape** of your follicles that shapes how your hair grows.
Straight  Curly  Coily 



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