

Play Card 3

Chia Seed Slime Ocean Small World



Quick summary



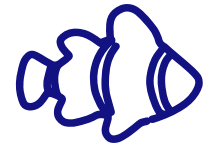
Use chia seeds, water and blue food colouring to create a simple and slimy (and edible!) ocean world that will keep your child mesmerised.

Key skills

Communication, Fine Motor Skills, Imaginative Play, Problem-Solving, Memory Function, STEM

What you need

A waterproof mat or splat mat, a tuff tray or container, bowl, chia seeds, water, blue food colouring, cornflour, plastic sea creatures, shells or rocks to decorate.



Instructions

1. Put 1 cup of chia seeds in a bowl. Add 4 cups of water and 10-20 drops of food colouring. Let the bowl sit for about 20 minutes to allow the chia seeds to expand. You can also cover the mixture and leave it in the fridge to soak overnight.



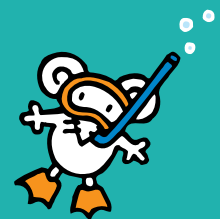
2. Lay down the waterproof mat and place the tuff tray or suitable container on top of it.

3. Transfer the chia seed mixture to your tuff tray or container. Add three more cups of water if required, and a cup of cornflour to help thicken the mixture, depending on its consistency.

4. Invite your child to touch and hold the slime and talk about how it feels in their hands.

5. Your child can experiment with the various stages of 'solidity', observing how more cornflour makes the mixture become thicker and easier to pick up.

6. Add any plastic sea creatures or rocks and shells to create your ocean world. You can even create different areas or zones in the tray.



Make it more challenging

Hide different sea creatures underneath shells or ocean rocks and see if your child can find them. Can they name the different creatures they see? Which creatures are their favourites?



During your visit to SEA LIFE

See if your child can find the creatures in the different aquarium tanks. Can they count them? What colours do they see? Are any fish hiding under the rocks? Is there a turtle sleeping in the seaweed?



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