

# Share a kind thought

Sometimes it's easier to say something with pictures than words.  
Have a go with this pop-up heart card.

1

First, fold a piece of paper in half. Then draw a half-heart shape around the fold.



2

Cut along the dotted lines, without cutting the gap between the two.



Don't cut here.

3

Open the card and push the heart from behind to get it to pop up.



4

Fold the card in two, with the heart folding forward.



You could shade the heart in red.

5

Now, when you open the card the heart should pop up.



## Usborne Activities

Find more similar activities to this in **Mindful Activities** · Find more activities at [usborne.com/activities-for-kids](https://www.usborne.com/activities-for-kids)



USBORNE