

How to revive a bee





Bees need regular flower stops to fuel up on nectar and pollen. In cities and towns, flowers can be few and far between, so you might spot an exhausted bee on the ground.

Here's how you can help.



**Never touch a bee
with your bare hands -
you don't want a sting!**

Use your sleeve or a leaf and
be **VERY** gentle. Ask your
grown-up to help.

-  If the bee is in danger of being trod on, move her to a sheltered place, ideally by a flower.
-  If the bee is already by a flower, but still looks exhausted, leave her alone. She's either just resting or she may be at the end of her life (bees don't live very long).
-  If you see an exhausted bee in a safe place some distance from any flowers, wait 30 minutes to check she's not just resting. If she doesn't fly off, the best thing to do is to take her to some flowers.
-  As a last resort, if there are no flowers nearby, you can feed the bee a one-off snack of sugar water. Put a couple of drops in an upturned drinks cap, and give the bee some time to revive herself.

To make sugar
water, mix together
half white sugar
and half water.

