

THE

# KINDNESS

QUIZ



Kindness is at the heart of a happy, healthy friendship. As you choose one answer for each of the questions in this quiz, try to think about which is the **KINDEST** one to choose.

Q1 – You get on well with someone in another class, but it's difficult to find time to meet up. A band you both like is playing a gig on Saturday. **DO YOU:**

- a) Buy them a ticket and tell them you've done so. They can't refuse to come with you then, can they?
- b) Tell them you're going and that you'd love it if they joined you, but no pressure.
- c) Go on your own, and if you see them there, stay cool, perhaps say 'hi' but enjoy the music anyway.



You've probably realized that the b) answers are the kindest, most patient, most empathetic options to choose.

Q2 – A friend has just come back from an amazing holiday and wants to tell you all about it after school, but you have piles of homework. **DO YOU:**

- a) Tell them you're really busy, so you won't have time, but you're glad they enjoyed the trip.
- b) Explain that you've got stuff to do, but that it would be great to chat about it for a while.
- c) Forget your homework and say you'd love to hear all about it and see every single photo.

Q3 – You really want to watch the new movie of your favourite musical this weekend, but your friend prefers action movies. **DO YOU:**

- a) Refuse to give in. Tell them that if you have to sit through one more action movie, you'll lose the plot.
- b) Let them win and wait to see the musical, but say that next time, it's your turn to choose.
- c) Say that you are going to watch it with someone else because you're so fed up with their attitude.



## Usborne Activities

Discover more in the **Friendship Survival Guide**. For more fun-filled things for kids to do, visit [usborne.com/activities-for-kids](https://www.usborne.com/activities-for-kids).

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