

Activities for kids

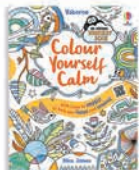
The Ocean 4+





These shapes are small so take it SLOOOWLY.

Slowing down your movements
can slow your breathing and
heart rate, and create a
feeling of calm.



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Rocky pool

Follow the trails to see which hermit crab will find the shell.

Draw a line between the two fish below that match each other.

Spot 3 differences between Sue and Stu the starfish.

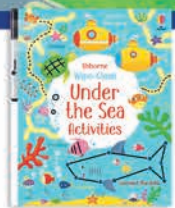
Draw over the dots to finish the spines on these sea urchins.



Sue



Stu



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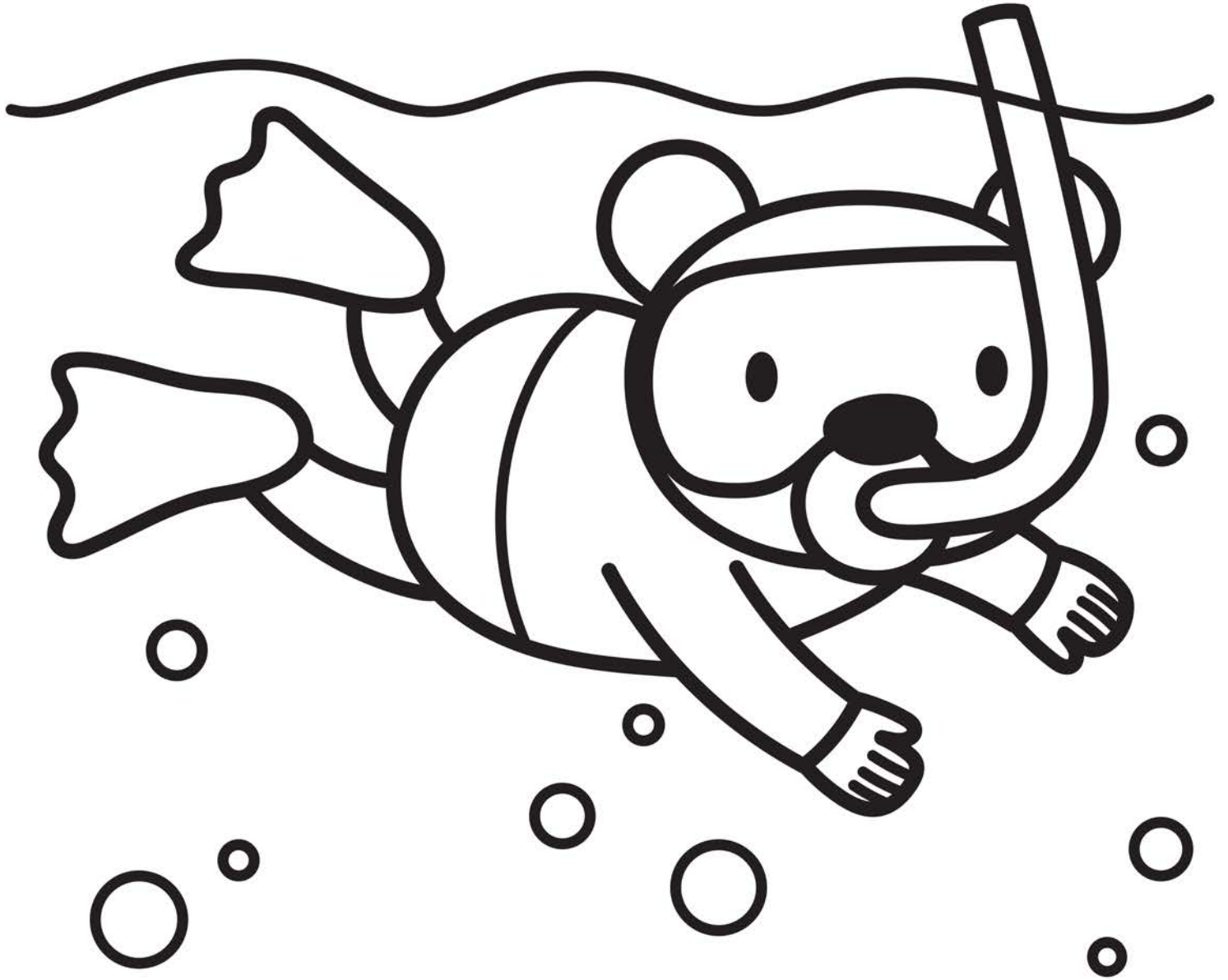
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I can see an underwater world!



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