

# BON APPÉTIT

## Get dipping

It's very easy to make a dip called guacamole that you can eat with vegetable sticks or tortilla chips. Here's how...

You'll need:



1 avocado



$\frac{1}{2}$  a lime



1 garlic clove



2 teaspoons  
of olive oil



1 tablespoon of  
plain yogurt

1.



Mash the avocado with a fork and mix in the lime juice.

2.

Add the garlic,  
oil and yogurt.  
Mix well.



3.



Dip and eat!

## Monster food

Draw monster faces on the food.



## Usborne Activities

Find similar activities in **Amazing Activity Book**  
Share your activities with us **#UsborneActivities**.

Copyright © Usborne Publishing Limited, 2025

