



MARINKA'S GLOSSARY

Balalaika: a musical instrument with a triangular body and three strings

Beghrir: a spongy pancake soaked in honey

Bessara: a thick bean soup

Blini: small pancakes

Borsch: beetroot soup; there are many different varieties to suit different tastes

Chak-chak: deep-fried balls of dough, drenched in hot honey and left to harden

Circassian cheese: a mild, soft cheese

Kasha: porridge, often made from buckwheat

Kissel: a dessert made from thickened fruit juice

Kolbasa: a type of boiled or smoked sausage

Kozinaki: a sweet bar made from nuts, seeds, and honey

Kvass: a sour, tangy drink made by fermenting bread or grains

Magaria: a desert tree with brown, cherry-sized fruits

Pastilas: bars of baked jellied fruit

Pchelka: little bee, a term of endearment

Pirog: a pie with a sweet or savoury filling

Shchi: cabbage soup

Shebakia: a deep fried sesame cookie coated in honey

Trost (spirit *trost*): the fiery drink for the dead; named *trost* after a walking stick, because it helps them on their journey

Tushonka: tinned stewed meat

Ukha: fish broth

Vatrushka: a round pastry usually filled with cheese

Vobla: a type of fish

Zakusi: snacks usually eaten before a meal